MASSAGE INTAKE FORM



	Name Date of Birth (MM/DD/YYYY)	
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ON	Email	
AATI	Street Address City	/ State Zip Code
CONTACT INFORMATION	Occupation	
NI L	Mobile Phone Hon	ne Phone
NTAC	Emergency Contact Name Eme	ergency Contact Phone
00	How did you hear about us?	1 LaVida Employee
	☐ Coupons (in mail) ☐ Email ☐ Internet Search ☐	'
	77.0	1 Other ()
HISTORY	How often do you receive professional massages?	
	☐ First Time ☐ Once a year or less ☐ 2-3 times/yr ☐ 4-6 times/yr ☐ 7-10 times/yr ☐ 11+ times/yr What prevents you from receiving massages more frequently?	
	☐ Cost ☐ Time ☐ Other (specify reason)	
-	Are you here today for: Headache Injury Rehab Relaxation Soreness Stress Relief General Health & Wellness	
	Medical Conditions – Please Check All That Apply:	□ Numbness / Tingling
		Pain / TMJ
		or Knee Pain
	☐ Blood Clots ☐ Cancer (active) ☐ Headaches ☐ Neck or Back Pain ☐ Warts Please list any medications you are taking:	
	List any other medical conditions (including injuries or surgeries in last 2 years) that you think we should know about:	
CONDITIONS	Are you pregnant?	If yes, are you experiencing any of the following?
Ĕ	☐ No ☐ Yes If yes, how many weeks? Due Date:	□ Cramping/Soreness□ Pre-Eclampsia□ Morning Sickness□ Swelling (Edema)
ND	Do you have any allergies or skin sensitivities?	
	☐ No ☐ Yes If yes, please list:	
CAL	Our lotion products may contain nut oils. Are you allergic to nuts?	Please Circle Focus Areas
MEDI	☐ No ☐ Yes If yes, list type of nut:	
Ξ	If you have certain medical conditions or symptoms, receiving a massage may aggravate or worsen that condition. If you are experiencing a cold, flu, fever,	
or have consumed alcohol in the past 12 hours, your session MUST be		
	rescheduled 48 hours after symptoms disappear.	
	<u>Disclaimer</u> : LaVida Massage will not be held liable for any injury or condition that arises from application of massage despite completion of this form. The	
	form is intended as an assessment tool only and serves as a guide for	
application of massage.		(`()`)
	Cancellation Policy: By signing this form you agree that if you need to cancel or reschedule an appointment, you will provide us with a minimum of 12	
	hours notice to avoid being charged a fee. Any cancellations within 12 hours	Any Areas not to be touched? ("X" if any)
	of your scheduled session will be subject to the current cancellation fee.	(Arms)(Legs)(Back)(Chest)(Other:)
	I have stated all conditions that I am aware of and this information is true and accurate to the best of my knowledge. I agree to inform my massage therapist immediately of any change in the conditions stated above. I acknowledge that this information is confidential and	
RE	intended for review by massage therapists, that a medical referral may be requested of me, and that LaVida Massage is not liable for the	
T	management of any condition. I also understand that any illicit or sexually suggestive remarks or advances made by myself will result in immediate termination of the session, and that I will be liable for full payment of the session.	
SIGNATURE	CLIENT NAME (PRINT)	
SIG	CLIENT SIGNATURE	
	IF MINOR, SIGNATURE OF PARENT/GUARDIAN:	DATE: